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## CLASSROOM DISCUSSION TOPICS

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*Spark a classroom discussion before or after the Breaking the Cycle assembly using the points below.*

- ⦿ Sometimes, the most lasting life lessons emerge from tragedy. What have you learned from some personal hardship?
- ⦿ If you could make one change that would help stop the violence young people experience today, what would it be?
- ⦿ How have you dealt with anger toward friends who have let you down or turned their backs on you when you needed them most?
- ⦿ Is having a friend, parent or teacher to talk to about your worst traumas, fears, or frustrations helpful? Do you have someone you can talk to, someone who listens to you?
- ⦿ Identify different forms of violence, including emotional violence, such as name-calling and put-downs on religion, family, race, size, color or handicap.
- ⦿ Describe your experiences with teasing, rejection, bullying, or stereotyping.
- ⦿ Self doubt (I'm no good for anything; there's no reason to live) visits most people at one time or another in their lives. How do you overcome self doubt?
- ⦿ Some students say we are a culture that tolerates only one way to "be in," to be accepted, to be "cool." Are we a culture that does not tolerate differences?



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## CONTACT US

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*After the assembly, write your response and thoughts in the form of a letter or essay and send a copy to us at the address below. All responses will be forwarded to the speakers.*

**BREAKING THE CYCLE**  
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